

University of Pretoria Yearbook 2016

Motor learning (II) 258 (EXE 258)

Qualification	Undergraduate
Faculty	Faculty of Humanities
Module credits	8.00
Prerequisites	EXE 159
Language of tuition	Double Medium
Academic organisation	Sport and Leisure Studies
Period of presentation	Quarter 1

Module content

*Closed – requires departmental selection

This module introduces the field-based professional to the processes that underlie human movement learning. Principles of performance assessment, effective instruction, designing practice, rehabilitation and guidelines to optimise training experience, skill acquisition and performance will be included. Opportunities to apply principles and concepts will be incorporated.

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